

CURRICULUM VITAE

Jan 2019

NAME: Anne Hallward, MD

OFFICE ADDRESS: 22 Free St. Suite 402
Portland, ME 04101
207-651-6412

E-MAIL: ahallward@gmail.com

FAX: 207-773-0709

EDUCATION:

1988 BA Harvard College, Magna cum Laude

1997 MD Harvard Medical School

POSTDOCTORAL TRAINING:

1998 Transitional Intern Cambridge Hospital, Harvard Medical School

2001 Adult Psychiatry Resident, Cambridge Hospital, Harvard Medical School

2001 Chief Resident, Psychiatry, Cambridge Hospital, Harvard Medical School

2002 Program for Psychotherapy Fellowship, Cambridge Hospital, Harvard Medical School

ACADEMIC APPOINTMENTS:

1997-1998 Clinical Fellow in Medicine, Cambridge Hospital

1998-2002 Clinical Fellow in Psychiatry, Cambridge Hospital

2002-2003 Clinical Instructor in Psychiatry, Harvard Medical School
Fellow, The Academy at Harvard Medical School

2005-2011 Clinical Assistant Professor in Psychiatry, University Of Vermont
Medical School

2010-Present Clinical Assistant Professor in Psychiatry, Tufts University
School Of Medicine

NON-ACADEMIC EMPLOYMENT:

- 1988-1990 Policy Analyst, Bread for the World, Washington, DC
- 2003-Present Adult Psychiatrist in Private Practice, Portland, ME
- 2008-Present Host, Founder and Executive Director, Safe Space Radio, Portland, ME

AWARDS AND HONORS:

- 1984, The Hubert Teschemacher Scholarship for four years at Harvard
- 1987 The John Harvard Scholarship for academic work of first rank
- 1987 The Elizabeth Cary Agassiz Scholarship for academic work of distinction
- 1987 The Josephine Murray Grant for thesis research in the Philippines
- 1988 Phi Beta Kappa.
- 1996 Nicholas J. Pisacano M.D. Scholarship for leadership and academic excellence
- 1999 AADPRT George Ginsberg Fellow, for recognition of excellence in teaching
- 1999 Harvard University Certificate of Distinction in Teaching
- 2000 Psychiatry Resident Award of Excellence
- 2012 Distinguished Fellow of the American Psychiatric Association
- 2013 Exemplary Psychiatrist of 2013, the National Alliance on Mental Illness
- 2013 Maine Association of Broadcasters award in Public Affairs, for the radio show, “Mental Illness in the Family” with Glenn Close on Safe Space Radio
- 2014 Maine Association of Broadcasters award in Public Affairs, for the radio show, “Your Untold Stories of Dementia.” on Safe Space Radio.
- 2016 Maine Association of Broadcasters award in Public Affairs, for the radio show, “Arriving as a High School Student.” on Safe Space Radio.
- 2016 Ulrich B. Jacobsohn Lifetime Achievement Award, Maine Association of Psychiatric Physicians
- 2016 Jeanne Spurlock Social Justice Award, American Women in Psychiatry
- 2017 Maine Association of Broadcasters award in Public Affairs, for the radio show, “Still Here: Caregiving and Dementia” on Safe Space Radio.
- 2017 Gracie Award for Outstanding Host of Local Public Radio Show, Alliance for Women in Media.

TEACHING AND COURSE DEVELOPMENT AT HARVARD MEDICAL SCHOOL

Medical School

- 2003 **Multi-Cultural Issues in Psychiatry.** Created and taught this monthly for third and fourth year students during their core clerkship.
- 1999-2003 **Emerging a Culturally Competent Physician.** Co-created and taught this weekly course for first and second year medical students.
- 1998-2001 **Psychiatric Interviewing Seminar,** Psychiatry Core Clerkship.
- 1997-2000 **Human Sexuality,** Developed a new weekly class for undergraduates as part of the Human Physiology Course, Harvard College
- 1995-1996 **Diversity Education Group,** Co-created and co-facilitated this weekly discussion group for second year students.
- 1994-1997 **Living with Life Threatening Illness.** Co-created and co-taught this weekly class for second year students.

Graduate Medical Courses

- 2003 **Supervision Seminar.** Co-leader and designer. Third and fourth year psychiatry residents. 16 students. Met weekly for one month.
- 2001 **Relational Psychotherapy Seminar.** Co-leader and creator. Residents, psychology and social work interns, 20 students. Met weekly.
- 1998-2001 **Care of the Dying Patient and Ourselves.** Co-creator and co-leader. bi-weekly meetings for medical interns and residents.

REGIONAL, NATIONAL, AND INTERNATIONAL LECTURES AND TRAININGS

- 2019 **Shame, Longing and Courage in Psychotherapy,** Daylong Training for The National Association of Social Workers, Boston, MA

- 2016 **Violence and the Remaking of the Self, a conversation with Susan Brison.** Princeton University Center for Human Values. Princeton, NJ
- 2016 **The Fear of Labelling: Shame & Stigma, Silence & Suicide among Youth, Adults and Seniors.** HealthCare Conferences of Canada. Toronto, ON
- 2015 **Traumatic Silence,** Daylong workshop for New England Society for the Treatment of Trauma and Dissociation. Boston, MA
- 2015 **Traumatic Silence in the Bystander, Victim, Perpetrator Triangle,** Daylong Workshop for the Island Institute for Trauma and Recovery. Portland, ME
- 2014 TEDx Dirigo: [How Telling Silenced Stories can Change the World.](#)
- 2014 TEDx Youth: [Voluntary Vulnerability: an Act of Cultural Leadership.](#)
- 2014 **Creating Safe Space Radio.** Values and Vocations series, Princeton University, Center on Human Values. Princeton, NJ
- 2014 **How We Let Go: End of Life Care in Dementia,** Maine Association of Psychiatric Physicians Annual Conference, Freeport, ME
- 2013 **Shame, Traumatic Silence and Courage.** Pre-conference Day Workshop at Internal Family Systems Therapy National Conference, Providence, RI
- 2012 **Telling Exiled Stories,** Plenary Speaker on at the Internal Family Systems Therapy National Conference, Providence, RI
- 2011 **The Nature of the Self:** Panelist at Lincoln Center's White Light Festival on the Interior Function of Music, New York City, NY
- 2011 **Telling Exiled Stories:** Presentation at the National Conference of Internal Family Systems Therapists, Boston, MA

- 2008 **Psychotherapy and Non-Pharmacological Treatment of Post-Partum Depression.** Plenary presentation at the Annual meeting of the Maine Association of Psychiatric Physicians. Freeport, ME
- 2003 **Psychiatric Issues in the Care of the Dying Patient.** Plenary presentation at the Cambridge Series Conference on Psychiatric Issues in the Care of the Medical Patient. Cambridge, MA
- 2000 **Spirituality and Medicine.** Plenary Presentation at the Massachusetts Medical Society Women's Caucus Annual Conference, Waltham, MA
- 1992 **Creative Expression: Body-Image and Health.** Plenary presentation at the Annual Conference of Enterologists, Washington, DC.
- 1992 **Creative Expression and Pastoral Care.** Pastoral Care Department at Washington Hospital Center. Washington, DC
- 1990 **Maternal and Child Health Care Legislative Issues Workshop.** Keynote speaker at Regional Bread for the World Chapters in NC, SC, VA, MD, SD, MN, IA, and PA

BIBLIOGRAPHY

Refereed Papers

1. White, AA., Logghe, H., Goodenough, DA., Barnes, LL., Hallward, A., Allen, IM., Green, DW., Krupat, E., Llerena-Quinn, R., "Self Awareness and Cultural Identity as an Effort to Reduce Bias in Medicine." J. Racial and Ethnic Health Disparities, March 24, 2018
2. Ferris, T., Hallward JA., Ronan, L., Billings, JA. "When the Patient Dies: A Survey of Housestaff About Care After Death," Journal of Palliative Medicine, 1998, Vol. 1. No. 3. pp 231-239.

Published Interviews

1. Amoroso, A. "[We need to Talk](#): An Interview with Anne Hallward." The Sun Magazine. January 2019

2. Walker, V. "Courage is Contagious: An Interview with Anne Hallward." Health Story Collaborative. Massachusetts General Hospital. Sept, 2018.

Reviews and Educational Publications

1. Hallward, A., Hauser, J. The Long Walk. Harvard Medical Alumni Bulletin, 1997, 70: 3.
2. Hallward, A. Case Study on the Causes of Hunger in Bangladesh. In: Hunger 1990: A Report on the State of World Hunger. Washington: Bread for the World Institute for Hunger and Development; 1990.24-28.
3. Hallward, A. Case Study on the Causes of Hunger in the Philippines. in Hunger 1990: A Report on the State of World Hunger. Washington: Bread for the World Institute for Hunger and Development; 1990.
4. Hallward, A. Abandoning My Own Agendas: Development Work in Honduras. Radcliffe Second Century Jan, 1987: 1,14.

Books, Monographs, and Text Books

Hallward, A; Ellison, JM. Antidepressants and Sexual Function. London: Harcourt Health Communications; 2001.